OFFICIAL INVITATION

The European Powerlifting Federation
and
France Powerlifting Federation
invite
the EPF nations to participate in the

EUROPEAN UNIVERSITY CLASSIC POWERLIFTING CUP
17th to 20th February 2026
Merignac, France

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by the EPF-Member nations, **NOT by individuals**.

Meet Director	Xavier de PUYTORAC	email: xavier.depuytorac@ffforce.fr Cell:+336 85 12 97 81
Visa support	Claude COUTURIER	email: claude-alain@bbox.fr Cell: +336 62 29 53 85
EPF Championship Secretary	Tero Hyttinen	email: tero@europowerlifting.org Cell: +358 44 309 2263
Accommodation	Claude COUTURIER	email: claude-alain@bbox.fr Cell: +336 62 29 53 85
Transport	Claude COUTURIER	email: claude-alain@bbox.fr Cell: +336 62 29 53 85
Technical Secretary	Erick DECONINCK	email: epsilon_59@yahoo.fr
Host City	**Mérignac**	
Date	**17th February to 20th February 2026**	
Venue	**Complexe Sportif Daniel Colombier** 12 Allée des Acacias 33700 Mérignac	
Technical Meeting	**Hotel Campanile 16th February 2026 at 20:00**	

Hotel Rates	HOTEL CAMPANILE 3 stars 71 Av. John Fitzgerald Kennedy, 33700 Mérignac Single Room with breakfast 110 € each night 1 person Double Room with breakfast 125 € each night 2 persons HOTEL PREMIERE CLASSE 2 stars 71 Av. John Fitzgerald Kennedy, 33700 Mérignac Single Room with breakfast (no hot food) 61 € each night 1 person Double Room with breakfast (no hot food) 70 € each night 2 persons

All accredited athletes, coaches, officials and referees nominated by their national federation for an international or world championship event, must stay in the official hotel(s) designated by the organizer minimum 2 nights. An accreditation badge shall not be issued to a nominated athlete, coach, official or referee that is not staying in the hotel. Additionally, the issued credential shall match the number of days they will be officially participating in the event. If an athlete, coach, referee or official does not stay in the hotel, they shall not receive accreditation and shall be excluded from the event.

The organizer will not be responsible for any hotel bills of the participating nations.

All room bookings must be done ONLY by the National Federation through the officials claude-alain@bbox.fr
Cell: +336 62 29 53 85

The organizer will not be responsible for any hotel bills of the participating nations.

The accommodation fees must be paid at the organizer with Bank Transfer. The organizer will send an invoice with all details.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline, the organizer cannot guarantee the accommodation.

27th of January is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets.

If not cancelled in time, the national federation has to pay the reserved hotel rooms (if the hotel requires such payment),the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form.

International Airport for Arrival	
Arrivals/Transportation	Hotels are 2 km from the airport and you can take the TRAM (You cannot be mistaken because there is only one line). You get out at the second stop (Cadera Issartier) and you are at 100m from the Hotels

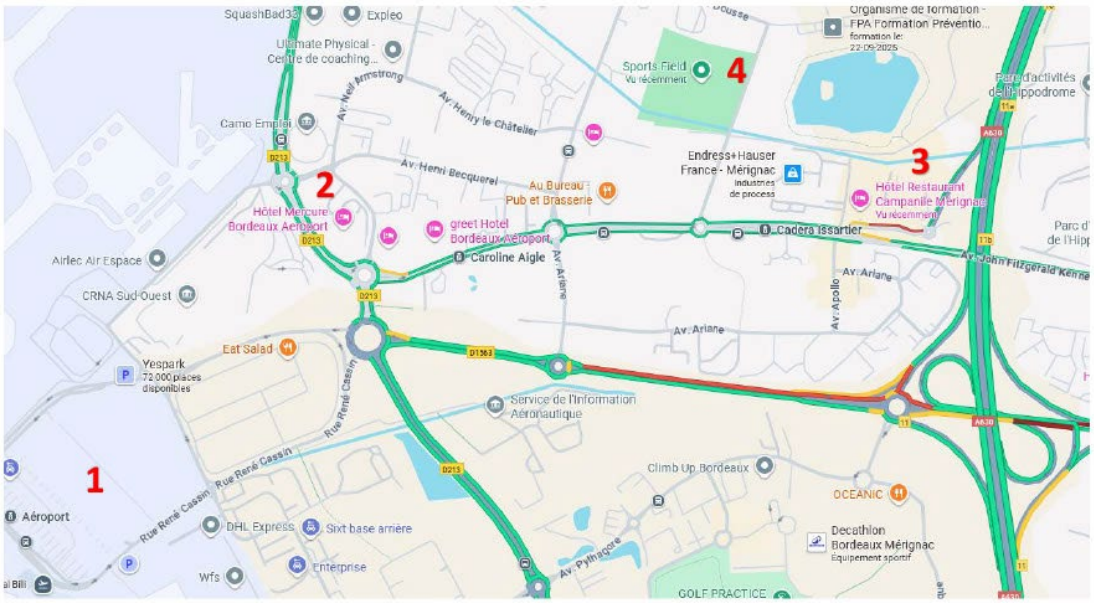
Scales	Scales are available at the official hotel
Training	Training facilities are available at the venue
Flag and anthem	Flags and Anthems will be provided
Opening Ceremony	**17th February** at 14:00 at the Venue. One representative from each participating country shall take

	part at the Ceremony.

Closing Banquet	**20th of February**, at 20:00 in **Hotel MERCURE** Price per ticket for one person: **45 EUR** The number of banquet tickets must be ordered at the Nomination form. Tickets for the banquet can be paid to the account of the organizer against the invoice or at the venue of accreditation.

Participation Fee	**90,00 EUR** for each lifter must be paid by bank transfer **to the EPF bank account**before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.
Anti-Doping Fee	**75,00 EUR** for each lifter must be paid by bank transfer **to the EPF bank account**before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.
Capitation Fee	**50,00 EUR** for each coach must be paid by bank transfer **to the EPF bank account** before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 14 daysbefore the Technical Meeting.
All invoices are published at the EPF web (www.europowerlifting.org) under "SERVICES" >> "INVOICES".	

Health and Travel Insurance	All delegates must have a valid health insurance. The organizer and the EPF will not incur any expenses for a doctor or hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes, ect.



1.Aeroport. **2.Hôtel Mercure.** **3.Hôtel Campanile.** **4.Gymnasme**

Anti-Doping Information:
*For the **European University Classic Powerlifting Cup***
Each participant is **strictly liable** for any substance found in your body (or specimen). Each participant may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.

Always check your medications and supplements before consuming them to make sure they do not containany substances or methods included on the WADA Prohibited List.

Educate yourself on the risks of taking supplements and minimize your risk.

All the athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform (ADeL) in order to be able to compete. Each national federation must submit all the participating athletes' completed certificates from ADeL with the nomination for the registration to be complete.

Understand and educate yourself on your rights and responsibilities as an athlete, including but not limited to:

- requirements for submitting whereabouts information
- rights and responsibilities during sample collection
- responsibility to avoid the use of prohibited substances and methods
- consent to the use of your information
- obligations to follow the IPF Anti-Doping Rules and all consequences derivingtherefrom

All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE)to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

GENERAL DATA PROTECTION

Under the GDPR, processing special categories of data, such as racial or ethnic origin, political opinions, religious or philosophical beliefs, trade union membership, genetic data, biometric data, or data concerning health, is generally prohibited.

Taking photographs of people in public is allowed and is qualified for the household exemption under Article 2(2)(c) of the GDPR.

All the participants of the EPF events are aware of and agree to be taken photos and videos of. In case of disagreement the participant must notify the EPF about it before the start of the event.

Photographs and videos taken at the EPF events is the sole property of the EPF and can be published at all EPF internet platforms including but not restricted to EPF web, social media accounts in Instagram, Facebook and TikTok. All the participants of the EPF events agree on their personal data to be collected, processed, saved and displayed in the electronic system for competition run GoodLift, at the webs: https://goodlift.info/ and https://www.europowerlifting.org/ .

Nominations	Team nomination forms must be sent to: Claude COUTURIER email: claude-alain@bbox.fr and the EPF Championship Secretary Tero Hyttinen email: tero@europowerlifting.org

Preliminary	**Friday 19th of December 2025** (Preliminary nomination must be formed in each nation's personal Goodlift account and the complete filled in preliminary form must be sent to the Meet Director and EPF Championship Secretary)

Final	**Tuesday 27th of January 2026** (the latest date for any removal of nominated lifters or cancellation of booked hotel rooms) National federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form

Provisional Timetable

(Weigh in and Start time are subject to change after final nomination)

Day	Weigh In Time	Classes		Start	End	Lifters
Monday 16.02.2026		**Technical Meeting**		**20:00**		
Tuesday 17.02.2026	**Opening Ceremony**			**15:30**		
	14:00 – 15:30	Women	47, 52 kg	16:00	20:00	8
		Men	59 – 74 kg			13
Wednesday 18.02.2026	08:00 – 09:30	Women	63 kg B Group	10:00	13:30	9
		Men	83 kg B Group			11
	12:00 – 13:30	Women	63 kg A Group	14:00	18:00	9
		Men	83 kg A Group			13
	16:30 – 18:00	Women	57 kg	18:30	22:30	9
		Men	105 kg			14
Thursday 19.02.2026	09:00 – 10:30	Women	69 kg	11:00	15:00	9
		Men	93 kg B			13
	14:00 – 15:30	Women	76 kg	16:00	20:15	10
		Men	93 kg A			14
Friday 20.02.2026	09:00-10:30	Women	84 and 84+ kg	11:00	15:00	10
		Men	-120, 120+ kg			13
		Banquet		**20:00**		

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with acopy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event. Best totals from National or International Championships during the previous 12 months before preliminary nomination shall be stated.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from thosenominated in the preliminary nomination.

The limit of 12 coaches does not apply to this Championship. According to the Bylaws 16.3.1 (Eligible Coaches), the Organiser has granted an exemption to the standard quota. Each Nation may nominate an

unlimited number of coaches. This increase does not impact operations, as the number of coaches allowed in the warm-up and preparation areas remains strictly governed by the IPF Technical Rules.

According to the IPF Technical Rules [Page 4, item 7] on the submitted Final Nomination Form you must send the finalized list the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form, and no one can change weight classes.

Changes may occur to the timetable of events. All changes will take place at the Technical Meeting that will be held on Monday 16th February 2026 at 20:00 at the Hotel Campanile. Information regarding A and B group will be given at the Technical Meeting.

A federation participating with more than four (4) lifters is obliged to nominate at least one referee and a nation with more than 14 lifters is obliged to nominate at least two referees. If a referee(s) from the nation is not present or, if present, is not available to act in the capacity of either referee or member of jury at least two days during the event, the lifters are allowed to take part, but a fine of Euro 1000 has to be paid by the nation for each missing referee (EPF By-laws 105.13). Each nominated referee must be available minimum two days.

For referee's **3rd of February, 2026** is last day for changes of categories for which referee has been allocated in the final nomination which his national federation indicated in the Goodlift system.

Referee duties, specified by the Technical Committee, are mandatory 14 days prior to the championships. Any changes, withdrawal, or no show up by a referee regarding the allocated duty at or after the Technical Meeting, may impose a warning or €100 in fine dependent of the reason. However, federations may allocate duties between their own referees at the latest at the Technical Meeting upon agreement by the appointed Technical Committee member (EPF By-laws 18.6).

If referee's examination is arranged, the written examinations will be done on Friday 21st February, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Oganiser will prepare a room for written examination.

Victory Ceremonies will be held at the end of each lifting session. It will be absolutely mandatory that each athlete wear their national team tracksuit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same shall apply to participation and Anti-Doping fees.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is absent at the Technical Meeting prior to the European championship or has not informed about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail) a fine of 250 Euro will be imposed to the concerned national federation (EPF By-laws 18.2).

The confirmation of absence from Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting to the EPF Championship Secretary Tero Hyttinen, email: tero@europowerlifting.org with a copy to the EPF Treasurer Xavier de Puytorac, email: xavier@europowerlifting.org and the Meet Director Xavier de Puytorac xavier.depuytorac@ffforce.fr .The confirmation must include changes in the list of referees and changes in the final nomination.

Indemnity & Insurance: All participating federation and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in,

postponement or cancellation of this European University Cup.

All delegate members must have a valid **incident and health insurance policy**. The Organizer and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc."

Important Competition Guidelines:

The European University Classic Powerlifting Cup will be structured and scored as follows:

1. The competition will be set using the classic / raw lifting style.

2. Each National Federation may nominate up to **TEN** (10) universities teams in the men's category and **TEN** (10) universities teams in the women's category. The men's team may consist of 8 lifters and the women's team may consist of 8 lifters.

3. The best three universities for both men and women will receive team awards.

4. Team scoring will be determined by calculating the scores of the best five for men and for women for each university (12, 9, 8, 7…)

5. EPF follows the rules of FISU and only the competitors who satisfy the following conditions may take part in a FISU European University Championships:
a) Be a member of the national Federation they represent.
b) Be at least 17 and less than 25 years of age on January 1st in the year of the event. For 2025, athletes must be born between 01/01/2000 and 31/12/2008.
c) Meet the conditions laid down under FISU Art. 5.2.

Art. 5.2
Only the following may participate as competitors in a FISU European University Championship:
a) Students who are currently officially registered as proceeding towards a degree or diploma at a university or similar institute whose status is recognized by the appropriate national academic authority of their country;
b) Former students of the institutions mentioned in a) who have obtained their academic degree or diploma in the year preceding the event.

6. The standard weight classes for both men and women will be used.

7. Medals will be awarded in the individual disciplines — Squat, Bench Press and Deadlift as well as in the overall.

8. Maximum two athletes of each sex from each university can be nominated for each weight class.

EUSA (European University Students Association) has signed a MoU with EPF and supports the organization of the EPF European University Classic Powerlifting Cup. Representatives from EUSA will be present during the Cup.

Bjøm Astad	Xavier de Puytorac	Tero Hyttinen
EPF President	Meet Director	EPF Championships Secretary